

A RESOURCE FOR HEALTHY LIVING FROM THE GALLATIN CITY-COUNTY HEALTH DEPARTMENT

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healthygallatin.org

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Press Release

Gallatin County COVID-19 Update

As of Saturday, March 28, 2020, at 4:45 p.m. Gallatin County has a total of 57 confirmed cases of COVID-19. Of those cases, zero patients in the county are hospitalized.

Information on the genders and age ranges of all of our positive cases can be found online provided by the State of Montana here:

https://montana.maps.arcgis.com/apps/MapSeries/index.html?appid=7c34f3412536439491adcc2103421d4b

All Gallatin County cases consist of community transmission, close contact, and travel related history.

This week, Governor Steve Bullock issued a directive to all Montanans requiring them to stay at home starting today, Saturday, March 28. That means staying at home as much as possible except for essential activities.

The Governor's order does allow for the public to go outside to get exercise and fresh air, just so long as they are strictly maintaining physical distance from people with whom they do not live. This weekend outdoor enthusiasts are encouraged to enjoy our local parks and trail systems responsibly. Please consider the following guidelines and comply with the <u>Centers for Disease Control and Prevention (CDC) social distancing guidelines</u>.

- If you are sick, stay home. Follow CDC guidelines and avoid spreading the virus to others.
- Keep a social distance from others. There are many local city, state, and Forest Service trails near
 Bozeman that offer a variety of outdoor activities. Try to enjoy your outdoor activities alone or with
 people that live in your home, such as walking, hiking, biking and fishing. These activities can be
 enjoyed while keeping you at a distance from others. CDC recommends six feet of distance from
 others.
- Avoid times and places of high use. To avoid creating large crowds and groups at popular trails or outdoor areas, spread out to less popular spots, and avoid times of highest use if possible. If an outdoor area is more crowded than anticipated adjust your plans.



• **Be kind, say hi.** Do your part to be kind, say hi or wave hello, respect your fellow humans when you are out on the trail in these challenging times. Share smiles!

The Gallatin City-County Health Department Call Center is open seven days a week from 8 a.m. to 5 p.m. to answer questions about COVID-19. Reach the Call Center by phone at 406-548-0123 or email at callcenter@readygallatin.com.

The most accurate local source of information remains the GCCHD website https://www.healthygallatin.org/coronavirus-covid-19/.

